



THE LODGE

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MALLORCA

Couples' Retreat

Mallorca, 24 - 26 October 2025

Couples' Retreat



DATES:

24 - 26 October 2025

LANGUAGE:

English

PRICE:

Price per person: 1.400€ (double room total: 2.800€)

RETREAT BY:

Lina & Nico

INSTAGRAM:

@bylinaju

@la_casa_ibiza

Limited Spots*

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INCLUDES:



Accommodation in a double room for 2 nights.



Daily partner yoga classes.



Special romantic dinner in the Lavenders.



Access to the Wellness Area: sauna, heated pool, relaxation lounge, and Technogym fitness room.



Welcome Drink.



Breathwork and Meditation sessions.



Fire Sharing Circle.



Specialist equipment including mats, straps, bolsters and blocks.



Full board with seasonal, locally-sourced meals and options for special diets

(non-alcoholic drinks included during meals)



Sound Healing Ceremony.



Cacao Art Therapy session.

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THE RETREAT:

Embark on a journey of love, connection, and self-discovery. This retreat invites you and your partner to explore what makes relationships thrive—cultivating self-love and autonomy, enhancing intimacy, and fostering deeper understanding and connection.

Each day is thoughtfully designed to nurture your bond through daily yoga, movement, and meditation practices, engaging workshops, transformative ceremonies, and meaningful experiences. These practices will help you reconnect with yourself and your partner, enriching your shared journey in profound ways.

Set in the luxurious surroundings of The Lodge , you'll be pampered from the moment you arrive. Enjoy elegant accommodation, romantic

gourmet meals, and moments of pure relaxation in a space where every detail is crafted for your comfort.

This isn't just a holiday—it's an opportunity to create lasting memories, deepen your relationship, and return home feeling renewed and more connected than ever.

WHO IT'S FOR:

This retreat is for couples of all genders and stages of their journey who are ready to deepen their connection, rekindle their spark, and grow together through mindful practices and shared experiences.

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Meet Lina:

Lina Jurevičiūtė is a passionate vinyasa, power, and yin yoga instructor, as well as a sound healing and reiki specialist. Known for her professionalism, authenticity, and exceptional talent, Lina's teachings draw from a wide range of yoga traditions, creating truly holistic experiences. Each session is enriched with personalized feedback and thoughtful adjustments, ensuring everyone feels supported and seen. Lina's genuine ability to connect deeply with all guests leaves you with the sense of having gained a meaningful friend.

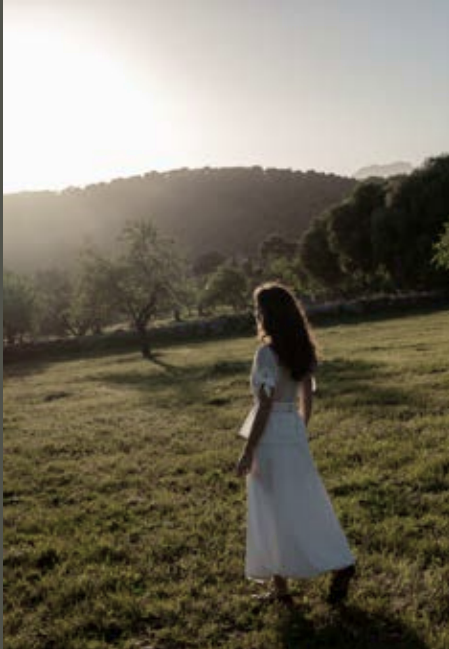
Meet Nico:

With more than 10 years of experience in the wellness space, Nico is a certified music therapist, sound engineer, multifaceted artist, and life transformative coach.

Nico equips his clients with the tools and guidance to foster personal growth and meaningful connections. His approach integrates creativity, mindfulness, and a holistic perspective to inspire profound and lasting change. He also incorporates sound journeys and music therapy, creating immersive experiences that deepen relaxation, enhance self-awareness, and unlock the potential for healing through the power of sound.

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DAY 1:

Arrival and Intention Setting:

- Welcome Circle and Intention Setting
- Yin Yoga for Grounding
- Candle-lit Sound Healing Ceremony



DAY 2:

Creativity, Intimacy, and Sacred Union:

- Partner Yoga and Connection Meditation
- Breath work & Ice Bath
- Art Therapy Workshop with Cacao in the nature
- Special Romantic Dinner in lavender field
- Fire Circle and Release Ritual



DAY 3:

Integration and Farewell:

- Gentle Yoga & Meditation
- Closing Circle

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